# 生物策略表

類別	生物策略 (Strategy)
生物策略	食物降低或提高生育能力
STRATEGY	(Foods Reduce or Enhance Fertility)
生物系統	于 by by 从 (W/a aller and day manufact)
LIVING SYSTEM	毛蜘蛛猴 (Woolly spider monkey)
功能類別	#調節細胞代謝 #調節生殖或生長
FUNCTIONS	#Regulate Cellular Processes #Regulate Reproduction or Growth
作用機制標題	毛蜘蛛猴透過吃特定的植物來影響它們的生育能力。
	(Woolly spider monkeys influence their fertility by eating specific plants.)
生物系統/作用機	

## 生物系統/作用機 制示意圖

(確認版權、註明出處; 畫質)



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#### 作用機制摘要說明 (SUMMARY OF FUNCTIONING MECHANISMS)

在新大陸,來自巴西的雌性毛蜘蛛猴(Brachyteles arachnoides)似乎故意食用某些影響生育能力的植物。威斯康辛大學靈長類動物學家 K. Strier 博士指出,一旦雌性猴子分娩,她就會尋找某些含有異黃酮類物質的葉子,這種類雌激素化合物會降低生育能力。相反,當準備生育後代時,雌性似乎會吃更多一種被稱為猴耳的特殊豆類植物,這種植物會產生一種類固醇,被認為可以提高生育能力。研究人員仍然不確定這只是巧合還是故意的選擇。

"In the New World, female woolly spider monkeys (Brachyteles arachnoides) from Brazil appear to intentionally consume certain plants that affect fertility. Wisconsin University primatologist Dr. K. Strier has noted that once a female monkey has given birth, she seeks out certain leaves that contain isoflavonoids, estrogen-like compounds that reduce fertility. Conversely, when ready to have offspring, females appear to eat more of a particular legume nicknamed the monkey ear, which produces a steroid believed to enhance fertility. Researchers are still not sure if this is just a coincidence or a deliberate choice." (Shuker 2001:215)

#### 文獻引用 (REFERENCES)

#### 參考文獻清單與連結 (REFERENCE LIST) Harvard 或 APA 格式

**BOOK** 

The Hidden Powers of Animals: Uncovering the Secrets of Nature

Marshall Editions Ltd. | 26/02/2021 | Dr. Karl P. N. Shuker

延伸閱讀: Harvard 或 APA 格式(取自 AskNature 原文;若為翻譯者補充,請註明)

### 生物系統延伸資訊連結 (LEARN MORE ABOUT THE LIVING SYSTEM/S)

撰寫/翻譯/編修者與日期

張文 翻譯;陳柏宇編修 (2024/11/30)

AskNature 原文連結

https://asknature.org/strategy/foods-reduce-or-enhance-fertility/

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